



SUNSHINE
QUILTERS OF
SAN DIEGO

October 2025

Volume 47 Number 2

Needle & Thimble News



President's Message

Hi Dear Quilting Friends! I love FALL!

The cooler temperatures, and all those pretty yellow, orange, and red leaves! Which in turn leads to making beautiful quilts in those yummy colors! Not to mention pumpkins, apples, scents of cinnamon and other spices. It's the season for being creative - to sew & craft, decorate the house and yard, and enjoy the bounty of the fall harvest.

I'm fortunate that my neighbor's apple tree is overflowing - which I took advantage of to bake an apple pie!

I hope this season inspires you all as well.

So.....Come meet me under the falling leaves....er, I mean at guild!

- Jo Miller



2025-2026 Opportunity Quilt

Tickets were provided with your paid membership.

You can always pick up more for a chance to win

This beauty!





Refreshments

Providing refreshments for this month are:

Sherri Necochea

Sheryl Harpel

Lorna Bisson



Please remember to bring the Puppy Blocks if you made one. Several have posted on the Sunshine Facebook page and they sure are cute!



We have quite the kennel so far!

We will be doing four gift exchanges this year instead of Secret Pal
The first one will be at the October meeting.
For this exchange think Fall or Halloween. Just remember the limit
is \$30.00.

It can be homemade or purchased.

Questions please contact Pam Davis.



If you didn't get a chance to sign up for the UFO challenge, we will have cards at the meeting.
You will need to list 5 to 10 items you would like to finish. It can be anything sewing related,
no cuddle quilts.

You pay \$10, and get a ticket for all you compete. At the end of the year there will be one
lucky winner. The more you get done the better your chances.

**Sunshine Quilters Craft Sale at Summers Past Farms
Saturday-Sunday December 6 & 7, 2025 9:00am-3:00pm**

What crafty items are you making to sell at our Craft Sale at Summers Past Farms? I
will collect completed items at the November meeting. We will set up a time to drop off
sale items and to price everything as we get closer to the event. I have more cat
ornament kits and will bring those to hand out. Make a few of your favorite ornaments to
sell to help fill up our Christmas tree. I will be making kits for Christmas themed quilts.
ALL of them sold last year!! Block the dates so you can come help at the Fair and to
shop.

- Lorna Bisson




**Remember to take a few moments to reach out to our
members that are unable to attend.**



EXTRA WIDE QUILTING FABRICS BY THE YARD

Fantabulous Backs



Kimberbell
Alessia
Bella Suede
Batiks
Kaffe/Tula
Henry Glass and Co
Patriotic
Riley Blake
And many more!

**Call me @
619-804-6062**

Check out our website: fantabulousbacks.com



The guild is still in need of a 2nd Vice President, responsible for organizing the programs for our 2026-2027 year. If you have interest please reach out to Christy Sprecco for information on what it entails. This is a great time to start following leads for speakers and workshops for that guild year.



We will be having dinner before the meeting. Meet at Casa Hacienda , 700 N. Johnson, El Cajon at 5:00pm on September 9th.

If you get a chance, please send me a text 208-550-2647.
See you then
Pam Davis

Sunshine Quilters of San Diego meets the second Tuesday of each month (Sept-June) at Renette Park at 935 South Emerald Ave., El Cajon
New members are always encouraged, dues are \$50 per year, which includes \$20 worth of Opportunity Quilt tickets. Guests are welcome at \$5 a visit.
Doors open at 6:30 pm, meetings begin at 7:00 pm.

For more information please visit our website at: www.Sunshinequilters.com



Sunshine Quilters of San Diego Positions		
Position	2024-2025 Member Name	2025-2026 Member Name
President	Jo Miller	Jo Miller
1st Vice President	Kathy Barnes	Christy Sprecco
2nd Vice President	Christy Sprecco	
Secretary	Sandi Delman	Sandi Delman
Treasurer	Kathy Manuel	Kathy Manuel
Door Prizes	Carolyn Matthias	Kelly Kufa
Membership	Pam Davis	Pam Davis
Membership Assistant	Sandi Miller	Sandi Miller
Cuddle Quilt Coordinator	Lorna Bisson	Lorna Bisson
Parliamentarian	Kathy Barnes	Kathy Barnes
Newsletter Editor	Candi Ravenscraft	Candi Ravenscraft
Assistant Editor	Carol Santos	Carol Santos
Mailbox Info Table	Carol Santos	Carol Santos
Website	Christy Sprecco	Christy Sprecco
Advertising	Tamara Schneidmiller	Candi Ravenscraft
Librarian	Tamara Schneidmiller	Tammy Oliver
Hospitality/Refreshments	Sherri Necochea	Jen Phillips / Gina James
Directory	Kathy Manuel	Kathy Manuel
Meeting Room Manager	Kathy Manuel	Kathy Manuel
Retreat Coordinator	Karen Collin	Karen Collin
Seasonal Gift Exchange Game	Janet Harris	Pam Davis
Guardian of Opportunity Quilt/Tickets	Kathy Manuel	Lorna Bisson
Fund Raising (Ways & Means) Comm		
Committee Member 1	Lorna Bisson	Lorna Bisson
Committee Member 2	Teresa Wiesendanger	Teresa Wiesendanger
Committee Member 3		Tammy Oliver
2024-2025 Opportunity Quilt Planning	Pam Davis/Karen Collin	Pam Davis
Challenge Coordinator	Jane St John	Tamara Schneidmiller
Historian/Meeting Photographer	Kelly Kufa	Kelly Kufa
SCCQG Representative	Lorna Bisson	Gina James
Block of the Month (BOM) Coord	Hallie McCoy	Carolyn Sandoval
September BOM	Teresa Wiesendanger	Teresa Wiesendanger
October BOM	Jo Miller	Gina James
November BOM	Sandi Delman	Gayle Wolken
December BOM	Jean Zuniga	Kelly Kufa
January BOM	Pam Davis	Pam Davis
February BOM	Hallie McCoy	Pam Hoyt
March BOM	Nancy Tinker	Kelly Kufa
April BOM	Gina James	Jane St. John
May BOM	Marilyn Sidler	Carolyn Sandoval
Seasonal Opportunity Quilt Coord	Jennifer Phillips	Pam Hoyt
Sep/Oct Quilt Donor	Jean Zuniga	Jo Miller
Nov/Dec Quilt Donor	Tanya Althof	Debra Broyles
Jan/Feb Quilt Donor	Pam Davis	Pam Davis
Mar/Apr Quilt Donor	Sherri Necochea	Jan Hayman
May/Jun Quilt Donor	Arlene Watters	Lorna Bisson
UFO Challenge	Lorna Bisson	Jean Zuniga
Cuddle Quilt Challenge	Lorna Bisson	Lorna Bisson



Sherri Necochea shared a small paper pieced project she made on the quilting cruise to Alaska.



Editor's note: Many more photos were submitted, however, I don't know if it's operator error or not. I was unable to get them into the newsletter. My apologies.



Patty Sprecco

Mary Kay Independent Beauty Consultant

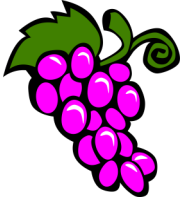
www.marykay.com/psprecco

Patricia.Sprecco@cox.net

619-890-6277

click here →





Sunshine Quilters' Retreat
May 7 – 10, 2026
Vina de Lestonnac Retreat Center 39300 DePortola Rd.
Temecula, CA 92592-8758



It's time to start planning our next retreat! Membership benefit early sign up period: Sept 1 - Oct 31. Starting Nov. 1, non guild members can sign up too. Hand me or mail your registration form and \$100 deposit to the address below to hold your spot.

You may check in after 2:00 pm on THURSDAY (May 7) with dinner as your first meal.
Room check out is at 9:00 am SUNDAY (May 10) but you may continue to sew until 2:00 pm

Dinner is provided on Thursday. Friday arrivals get lunch and dinner.
 Breakfast, lunch and dinner are provided on Saturday. Brunch is on Sunday.



Tear off and send to: **Karen Collin**
58 Corte Maria Ave.
Chula Vista, CA 91010

MAKE CHECK PAYABLE TO: Sunshine Quilters of San Diego

NAME: _____
ADDRESS: _____
EMAIL: _____
PHONE#: _____
ROOM MATE: _____ **Do you wake up early? Y N Stay up late? Y N**
Special Room or Dietary Requirements: _____

4 Days/ 3 Nights	3 Days/2 Night
<input type="checkbox"/> Double Occupancy \$650.00	<input type="checkbox"/> Double Occupancy \$475.00
<input type="checkbox"/> Single Occupancy \$850.00	<input type="checkbox"/> Single Occupancy \$625.00
Day Commuters (if workroom space is available) Daily Rate \$55.00 (includes lunch) plus \$25 per addl. meal	

Circle days you will attend: Thursday Friday Saturday Sunday

A \$100.00 deposit holds your spot - **FULL PAYMENT DUE BY March 10, 2026**
 No refunds after April 1st. Spots and deposits can be rolled over to new attendee only.
Installment payments are happily accepted. As few or as many that work best for you.



Sunshine Quilters of San Diego Meeting Minutes September 9, 2025



Jo Miller opened the meeting and welcomed everyone.

Jo Miller discussed Name Tag Making and Kaleidoscope Guild Quilt Show on 10/18 from 10am to 4pm

Karen Collin discussed the 2026 Retreat. Taking deposit, full payment, or payments now.

Tamra Schneidmiller discussed 2025-2026 Challenge "Lucky 7s". Reveal in May with three prizes awarded. \$10 to join the challenge.

- 7 Colors
- 7 Blocks or Techniques (borders excluded except "miter borders" as a technique)
- At least 18" x 22"

Christy Sprecco discussed By Law changes. Jo Miller motioned to go forward, Sandi Delman seconded. Christy Sprecco Discussed Karen Brow Meier workshop o 10/18 from 10am to 4pm. Lake Jennings Park Estates Community Center. \$40 to attend the workshop. November presentation will be Pam Davis Trunk Show to be held on Wednesday, 11/12 due to Renette Park being closed on 11/11 for Veterans Day. Get a 2025-2026 Sunshine Quilt Guild bookmark to see what's ahead for programs and workshops.

Pam Davis discussed UFO Challenge. Receive a chance for each finished project. Jean Zuniga is the bookkeeper. Cuddle Quilts are not part of this challenge. Cost is \$10 to join challenge.

Pam Davis discussed creating a Puppy Fundraiser Quilt to be offered to Rady Children's Resident Canine Therapy Program. Pam has background fabric and puppy pattern for interested members.

Pam Davis discussed that there will be no Secret Pals event this year. Instead, there will be a seasonal based gift exchange four times during the membership year. Gifts should not be valued above \$30. Theme will be announced by Pam Davis for each exchange.

Lorna Bisson offered Kitty Cat ornament kits if you would rather make than Name Tags.

Lorna Bisson discussed Cuddle Quilt Challenge. Receive a chance for each finished project. Kits, labels, batting, backing, and background fabrics all available through Lorna Bisson. Quilts should measure 40" x 60". Top two members will receive a prize.

Jo Miller discussed Antique & Craft Fair at Summers Past Farm to be held on 12/6 and 12/7.

Teresa Wiesendanger introduced September BOM that is an acorn. Background is provided. Winner drawn at October meeting. Cost to join is \$1.

Sandi Delman introduced September/October BOM that is Millie's Dresses quilt. Winner drawn at the October meeting. Cost for a chance is \$1 or six for \$5.

Marilyn Sidler/Jo Miller discussed Rise & Shine Boutique Leftover Sale. Cost reduced to move fabrics to new ownership.

Sandi Delman shared Calvert Barn Quilt Trail (Calvert County, MD).

Sharing by Sherri Necochea, Pam Davis, Christy Sprecco, Sandi Delman, Carol Santos, Karen Collin, Gayle Wolken, Jan Hayman and Kelly Kufa.

Jo Miller made a plea to fill 2nd Vice President position.

Cookie Time!

Sandi Miller, Sheryl Harpel, Carolyn Sandaval and Teresa Wiesendanger won Door Prizes.

Next meeting 10/14.

Respectfully submitted by Sandi Delman

UFO challenge 2025/2026

Make a list of 5 to 10 projects you want to finish.

Along with your list you will pay a one time fee of \$10.00.

All the money collected will go into a pot for the end of the year, there will be one winner.

Every time you finish something on your list your name will go into the year end drawing.

The more you get done the more chances you have to win the pot at the end.

We will be starting this at the September meeting, so please turn in your list and money before show and tell.

Good luck!



Millie's Dresses is the 2025-2026 September/October Bimonthly. Make sure you find yourself at the offering table purchasing tickets for a chance to win this quilt! Quilt measures 58" x 70".



October Birthdays

Lorna Bisson	10/21
Karen Collin	10/23
Sandi Delman	10/05
Sherri Necochea	10/29



DID YOU KNOW?



Sunshine quilters has an online presence!

www.sunshinequilters.com (any submissions can go to info@sunshinequilters.com)

Facebook: [\(1\) Sunshine Quilters of San Diego | Facebook](#) This is a private group, you can request to join the site and our FB Admin Teresa Weisendanger will admit you.

Library – [Libib | sunshinequilter](#) We have a physical library, and Tammy Oliver is our Librarian who will bring out our books during meetings (check the kitchen), but you can also peruse our library online ahead of time so you know what you are looking for when you come to check out a book.



My daughter purchased the "Back Door" UFO kit for me at the Rise & Shine Boutique in April, however, the March block package was missing. By any chance has anyone seen it, or know where it is? If you can help, please let me know, Thank you, Kathy Barnes.



MEMBERSHIP REGISTRATION

TOP TEN REASONS TO JOIN SUNSHINE QUILTERS OF SAN DIEGO:

- Inspiring speakers that are sure to challenge, encourage and give you great new ideas!
- Workshops at reduced membership rates!
- Two free guest passes!
- **Library of quilting books always at your fingertips!**
- Secret Pal possibilities!
- Free cookies and desserts!
- Door prizes, potlucks and auctions!
- A place to show off your projects to people who can REALLY appreciate all your hard work!
- New quilting friends!
- TO BE A PART OF THE BEST, MOST FRIENDLY GROUP OF QUILTERS EVER FOUND!!

Use the application below and mail to:

KATHY MANUEL
9500 HARRITT ROAD, SPC 43
LAKESIDE, CA 92040

MEMBERSHIP APPLICATION 2025-2026 SUNSHINE QUILTERS OF SAN DIEGO COST OF \$50 FOR A YEAR

Name: _____

Address: _____

City, State & Zip Code: _____

Phones – Home: _____ Cell or Work: _____

Email Address: _____

Newsletter delivery by: USPS: _____ Or Email: _____ Birthday (Month/Day): _____

Membership Committee Only:

Date Paid: _____ Amount: _____ By Committee Member: _____

Check number: _____ or Cash: _____

2025/2026 Programs and Workshops
Christy Sprecco, 1st VP / Program Chair

October: Karen Brow Meier – Java House Quilts – Your Best Tools are in your Head

I ask myself questions like these all along the process of sewing and designing a quilt:

Is it nice but maybe a little ho-hum right now?

What's missing?

How can I make it "move"?

Can I break up the block setting for some more interest?

Would mixing the fabric lines make it richer?

Do I need to broaden the color palette?

Workshop – Saturday, October 18, 10:00 AM – 3:00 PM, Fancy Feathers Table Toppers–
Lake Jennings Park Estates, 9500 Harritt Road, Lakeside, CA 92040. Gate Code will be provided to attendees directly.

Workshop fee is \$40 for members and non-members. Pattern is included in workshop fee.
This is Karen Brow-Meiers last year of speaking to guilds as she is retiring! Don't miss this.

Fancy Feathers & Frogs Table Toppers Workshop

Using the to Middle Piecing Method

Karen Brow-Meier **Java House Quilts**



Square topper: 24"

This is not paper piecing!

Create a wonderful, contemporary table topper using our | Fancy feathers bird block and the new **Middle to Middle Piecing Method**. (Think log cabin construction, but with shapes rather than strips!)

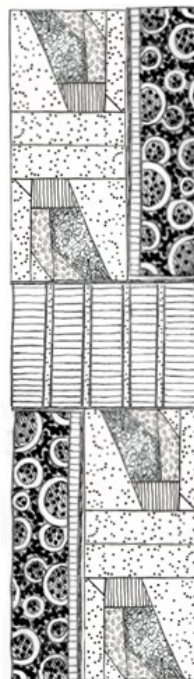
Use holiday color palettes, batiks, florals, even aboriginal prints in any combination! Embellish with decorative stitches or special frog eyes.

Birds are layer cake freindly!

Fancy Feathers Bird Topper (with optional center panel)
approx.44" x 12"

The workshop will focus on methods of cutting the pieces from templates in multiples of four, assembling blocks using this piecing technique and quilting and embellishment ideas. (*Learn a special trick or two to avoid extra seams.*)

The piecing method involves finding the middles of edges, and matching and joining pieces in order. We trim after each piece is added (like a log cabin) keeping our work square. (This method is also used in our Elephant Walk and Infroggnito lap size quilts.)



- The pattern is included in the workshop fee and will be available that day (See supply lists.)
- ***Please starch and iron all block and background fabrics before class.***
- For more inspiration visit javahousequilts.com

November – Pam Davis Trunk Show – You thought all she did was Kim Diehl? Guess again! Pam will continue to inspire us with her quilts!

December – Holiday Party and Potluck – Watch for details from Jen and Gina. Oh and start thinking of ideas for our seasonal gift exchange game!

January – Diana Karna, Stitchingstyle.org – Quilted Coat Lecture

Workshop – Quilted Coat Workshop – Saturday, January 17, 10 – 3. Space is limited to 20 people and we are sharing this workshop with the Chula Vista Guild. Workshop is \$40, pattern fee is \$30 payable to Diana.

February – Jodi Bratch – Member of Professional Association of Appraisers – Quilted Textiles

March – Linda & Carl Sullivan – Colourwerx Successful Machine Applique (you may remember Linda & Carl – they were our first Zoom meeting during the pandemic! We had to cancel our workshop at the time, and are thrilled to have them back!

Workshop – Wonky piecing & easy Applique (cat, dog or fish) – Saturday, March 14, 10:00 AM – 4:00 PM. Samples will be shown at the September meeting and posted to the website.

LONG BEACH MODERN QUILT GUILD

PRESENTS



A FIBER ART EXHIBITION

Hello Fellow Quilters,

Long Beach Modern Quilt Guild is delighted to announce our upcoming display, "[Perspectives - A Fiber Art Exhibition](#)", in celebration of our guild's 10th anniversary. Past exhibits have been well received and attended by visitors from as far away as Sacramento, San Diego, and the Inland Empire. We hope your guild will join us this year in celebrating our mutual love of quilting.

"**Perspectives 2025 – A Fiber Art Exhibition**" will open in the Zena and Pauline Gatov Gallery at the Alpert Jewish Community Center in Long Beach, California, on **October 8, 2025**. The exhibit is free and open to the public during regular Alpert JCC hours through **November 23, 2025**, with easy access off the 405 Freeway and abundant free parking.

Road Trip Options for Quilters

While Long Beach may be a bit outside your area, we encourage you to make a day trip of it! In addition to visiting our **free quilt exhibition**, Long Beach boasts unique shops and restaurants. Plus, nearby fabric stores like **LA Finch at the Los Alamitos Sewing Center** and **M & L Fabrics** are perfect stops for fabric lovers to make a day trip extra worthwhile. You may even drop into other LQS and [other creative sewing business gems](#) along the way!

New this Year - Sew Days at the JCC

LBMQG members will be onsite at the JCC weekly during the exhibit. Drop by and say 'hi'—dates are available on our event webpage. Alternatively, [email us](#) to arrange a field trip for your guild, and we'll provide a **white glove tour** of the quilts.

Special Favor to Ask

Please share this information with your guild members. We have provided several easy ways to get the word out:

If you use a slideshow as part of your guild meeting presentation, here is a slide to include in your deck.

If you have a newsletter going out, below is some text to cut and paste easily for your format.

If you are meeting in person and would like postcards or flyers for your next meeting, please [email us](#), and we'll try to make arrangements to get them to you in time.

If you are connecting through social media, we have several different formats pre-filled and ready for customization. This is a great way to reach an even bigger community in addition to your guild.

We have this information at our [web press kit link](#) for your convenience.

If you're interested, and the schedule lines up, let us know if you would like one of our members to drop in on your meeting to share details about our exhibit.

In closing, we thank you in advance for your support of our guild. We hope you'll find time to visit our exhibit this fall. We're thrilled to share our quilting endeavors with you.

Regards,

Sandra Scheiber Johnson

Publicity Chair, Long Beach Modern Quilt Guild



Canyon Quilters of San Diego
PRESENTS 2025



Holiday Marketplace

WHEN

October 25, 2025
11am - 2pm

WHERE

Cathy Hopper Senior Center
4425 Bannock Avenue in
Clairemont SAn Diego, CA

WHY

Holiday Gifts
Gifts for Friends
Gifts for the home
Freshen up your decor
Stunning Quilts
Fabric Collections
Café with lunch or snacks

Quilt Sale 25 Spectacular Quilts

Fabric Over 50 curated fabric collections

Baskets Filled with gift items for everyone on your list

Cafe For your convenience
Lunch and snack menu

Boutique Napkins and Placemats
Holiday Ornaments
Mug Rugs
Potted Plants
Fabric Boxes
Decorative Pillows
Pop-Up Containers
Organizers
...and more





Candi Ravenscraft, Newsletter Editor
PO Box 20483
El Cajon, CA 92021
Sunshinequilters.com