



SUNSHINE QUILTERS OF  
SAN DIEGO

April 2020

Volume 40 Number 7

## Needle & Thimble News



### President's Message

Well, isn't this a pickle? I hope and pray all of you are, and will remain, healthy. I've heard it said that life's greatest lessons are usually learned at the worst of times and from the worst mistakes. It made me think of Coronavirus and quilting, but really, most of us have probably been through worse times than avoiding germs and have made worse mistakes than while quilting, so be of good cheer - if it's good, it's wonderful, if it's bad, it's experience. We'll consider this time a major experience!

So we have to make adjustments: To be on the safe side we've decided to cancel both April and May meetings. The speakers have been rescheduled and we'll plan a big blow-out get together reunion and potluck in June - June 9<sup>th</sup> to be exact. The retreat has been cancelled (deposits and payments will be applied to 2021 retreat) and the challenge and cuddle quilt programs will be altered as needed. If you have a March BOM please bring it to the June meeting. If you've had 100% attendance so far, all you need to do is attend the potluck meeting in June to receive a gift. If you have library books out please remember to return them in June.

The nominating committee is being formed now. Please let me know if you have any nominations or suggestions for the variety of positions still open and seriously consider being an active part of Sunshine Quilters of San Diego yourself! Thank you 📧

Keep busy, be happy and stay in touch.

Kathy Barnes

### *Cuddle Quilt Update*

As a thought, since we are all cooped up at home, if you need a cuddle kit to work on, or something for one you already have, let me know and I will do my best to "fill your order". Or, we can schedule a time for you to come by my house and look through fabric for backings, etc.

Even though our April meeting is cancelled (hopefully May we will be able to get together) I will be making up the May/June cuddle idea and pattern. Previous patterns were sent out to the group earlier, so if you want a kit for one of these, let me know and I will get it together for you.

Hope you are all healthy and safe!!

Tanya Althof



Check out our fabulous library by accessing online <https://sunshinequilter.libib.com>



**2019-2020 Opportunity Quilt  
"Warm Regards"**

- ◆ Get your tickets for this beauty , \$1 each or six for \$5.
- ◆ Grab some tickets and sell to your friends and family.
- ◆ Take to another guild or organization

At the next meeting we will be selling tickets for the March/April Opportunity Quilt AND drawing for it.

Remember to bring in your BOM and pick up a new one.

Yippee! I won the basket from the "Colors" Shop Hop from Annie's. There were the makings of 2 unique small quilts/wall hangings and a 20-piece fat quarter stack of Kaffe, plus 3 quilt books and more.

-Teresa Keane



# Sunshine Board Members & Coordinators 2019-2020

<b>President</b>	Kathy Barnes
<b>1st Vice President</b>	Kathy Manuel
<b>2nd Vice President</b>	
<b>Secretary</b>	Lorna Bisson
<b>Treasurer</b>	Connie Smith (2yr through 2021)
<b>Newsletter Editor</b>	Candi Ravenscraft
<b>Assistant Editor</b>	Carol Santos
<b>Membership</b>	Sherri Necochea
<b>Directory</b>	Karen Collin
<b>Advertising</b>	Christy Sprecco
<b>Door Prizes</b>	Connie Smith
<b>Historian</b>	Christy Sprecco
<b>Librarian</b>	Leslie Holben
<b>Hospitality/Refreshments</b>	Peggy Jencks
<b>Meeting Room Manager</b>	Set up by Rec Center staff
<b>Retreat Coordinator</b>	Candi Ravenscraft
<b>Challenge Coordinator</b>	Kathy Barnes
<b>Monthly Block Coordinator</b>	Teresa Keane
<b><i>Monthly Block Assignments:</i></b>	<i>////////////////////////////////////</i>
<b>September</b>	Anita Erskine
<b>October</b>	Jean Zuniga
<b>November</b>	Peggy Jencks
<b>December</b>	Susan Cox
<b>January</b>	Donna Fowler
<b>February</b>	Teresa Keane
<b>March</b>	Tamara Schneidmiller
<b>April</b>	Karen Collin
<b>May</b>	Sherri Necochea
<b>Seasonal Opportunity Quilt Coordinator</b>	Teresa Keane
<b><i>Seasonal Quilt Donor:</i></b>	<i>////////////////////////////////////</i>
<b>September / October Quilt</b>	Tanya Althof
<b>November / December Quilt</b>	Cecelia Midgette
<b>January / February Quilt</b>	Jo Miller
<b>March / April Quilt</b>	Barbara Fletcher
<b>May / June Quilt</b>	Christy Sprecco / Jean Zuniga
<b>Special Block of the Month Coordinator</b>	
<b>Cuddle Quilt Coordinator</b>	Tanya Althof
<b>Secret Pal Coordinator</b>	Susan Cox
<b>Bazaars and Auctions</b>	Jennifer Phillips / Carolyn Matthias
<b>Opportunity Quilt Guardian &amp; Tickets</b>	Kathy Barnes
<b>Opportunity Quilt Planning Group</b>	Kathy Barnes / Kathy Manuel
<b>Mail Box and Info Table</b>	Carol Santos
<b>Website</b>	Christy Sprecco

<b>Sunshine Quilters of San Diego 2020/2021 Positions</b>	
President	Kathy Barnes
1st Vice President	Kathy Manuel
Secretary	Lorna Disson
Treasurer	Connie Smith
Cuddle Quilt Coordinator	Tanya Alhof
Parliamentarian	Jennifer Phillips
Newsletter Editor	Candi Ravenscraft
Assistant Editor	Carol Santos
Membership	Sherri Necochea
Website	Christy Sprecco
Door Prizes	Connie Smith
Librarian	Leslie Holben
Hospitality/Refreshments	Peggy Jencks
Directory	Karen Collin
Meeting Room Manager	Kathy Barnes/Connie Smith
Retreat Coordinator	Candi Ravenscraft
Secret Pal Coordinator	Susan Cox
SCCQG Representative	
Advertising	
Historian	
Challenge Coordinator	
Monthly Block of the Month <b>Coordinator</b>	
September BOM Assignment	
October BOM Assignment	
November BOM Assignment	
December BOM Assignment	
January BOM Assignment	
February BOM Assignment	
March BOM Assignment	
April BOM Assignment	
May BOM Assignment	
Seasonal Opportunity Quilt <b>Coordinator</b>	
September/October Quilt Donor	
November/December Quilt Donor	
January/February Quilt Donor	
March/April Quilt Donor	
May/June Quilt Donor	
Fund Raising Committee Lead	
Fund Raising Committee Assistant	
Fund Raising Committee Assistant	
Guardian of Opportunity Quilt/Tickets	
2021/2022 Opportunity Quilt Planning Coordi-	
2021/2022 Opportunity Quilt Planning Assis-	
Mailbox Info table	

**All of these positions need to be filled.**

**Please consider one of them.**

## Face Mask Information

The guild has received an appeal from a woman in Ramona who is gathering info on groups looking for home made masks. From what I've read, and the patterns I've used, the preference is for masks that tie (vs. elastic) so that they can be adjusted to the person and they frankly hold up better with frequent washing. The best pattern I've seen so far is Jenny Doan's, if you search you tube for Jenny Doan Mask, she has 2, one with ties and one with elastic. [https://www.youtube.com/watch?v=X\\_-R8Ox3Spw](https://www.youtube.com/watch?v=X_-R8Ox3Spw)

Other recommendations I've seen through all this are:

- Make them for your family members venturing out to work or to shop
- Wash after each use
- Always wear in the same direction (meaning 2 fabrics, and inside and out, and put the same side against your face each time)
- Make them for businesses you support – your take-out place, your grocery store, your vet, etc. They will love you for this.
- Make them for your friends that have to venture out, especially any who are living with someone particularly vulnerable.

If you have the drive to make more, there are organizations currently accepting:

Palomar Hospital: here is the link to Palomar's website on their mask acceptance program: <https://www.palomarhealthfoundation.org/palomar-health-foundation/how-you-can-make-a-difference/donate-a-mask>

Kaiser's info: <https://about.kaiserpermanente.org/our-story/news/our-perspective/making-masks-to-support-our-nonclinical-personnel-and-guests?fbclid=IwAR06wc6L8Ydn9uOLYlonHOZaMwfS0MuuZqwsAON50Ik8UqvQN0yxqIOirCA>

- The county of San Diego is asking us to start making masks to be distributed through homeless shelters. They have not worked out their intake process yet but will get that published shortly and then I will post it to our Facebook page.

This was on KUSI site today: I also saw this on KUSI news today. [https://www.kusi.com/sew-inspired-urges-local-seamstresses-to-sew-50000-masks-to-help-stop-the-spread-of-covid-19-in-san-diego/?fbclid=IwAR31NvvcaW\\_K6eMjgZdAKUSwsSoCLODF-UFbB5HFMrZItOMaN6GE4GIKNng](https://www.kusi.com/sew-inspired-urges-local-seamstresses-to-sew-50000-masks-to-help-stop-the-spread-of-covid-19-in-san-diego/?fbclid=IwAR31NvvcaW_K6eMjgZdAKUSwsSoCLODF-UFbB5HFMrZItOMaN6GE4GIKNng)

- Rosie's, Paradise Sewing and Joann's are all accepting masks as well to be distributed to medical groups. I believe some or all of them are even providing some kits. (not that we don't have plenty of stash!)
- Grossmont hospital is accepting actual PPE masks but not hand sewn masks at this time. That being said, if you have friends, family etc. that are nurses or staff at these facilities, they may be very grateful to receive for their own protection.

Christy Sprecco



## Sunshine Quilters of San Diego

### Meeting Minutes

March 10, 2020



Kathy Barnes called the meeting to order at 7:00 p.m.

#### Announcements:

- 4 guests were introduced.
- The Board meeting was discussed. See attached board meeting minutes. Nominating Committee is needed.
- Looking for interested members to attend 'Meet the Speaker' to help select speakers for next year's programs. A survey was passed around to query member's interests for year's programs.
- SD quilt show will not be held this year. They are regrouping and considering alternate venues. The Long Beach Quilt Show will be in July.
- The Women's Club of Lakeside is having their annual quilt show March 13-14, 2020 at the Lakeside VFW.
- Please take extra newsletters to share with friends and family who might be interested in joining.
- UFO Challenge: Of the 17 participants, 3 quilts were not completed. Sherri Necochea won \$10 in the drawing. April's challenge is #1.

#### Reports:

1. Cuddle Quilts: Tanya Althof announced that the pattern this month is a Missouri Star Quilts pattern - Silly Goose. Tanya has fabric, kits, backing, bindings, labels and previous patterns available. Finish up your quilts and bring to the May meeting.
2. Programs: . The April workshop is on the 15 th , a Large Mod Dog or Cat. [Workshop has been cancelled.] May workshop (Crazy Cushion) will be on the 9 th .
3. Sunshine Quilters' Retreat: Candi Ravenscraft announced deposits are due. Balances are due 1 May. There are still spaces available if you are interested. The retreat dates are May 14 - 17, 2019 at La Vina de Lestonnac Retreat Center in Temecula.
4. Seasonal Opportunity Quilt:
5. Monthly Block: March's block - "Spinning Windows" was won by Beth. Karen Collins prepared kits for April's block- "Tamara's BOM"
6. Library: Unfortunately, the online file was lost and is in the process of being recovered.
7. Secret Pal: Please check the table to collect your Secret Pal gift.
8. Treasurer's Report: Connie noted that next year a balanced budget will be presented to the guild.
9. Saturday Sew-In: Cancelled until further notice as we've lost this venue.

Door Prizes were won by Anita, Lisa, Tanya, and Jan.

Program: Mel Beach, Quilt Artist, Teacher and Speaker presented on Free Motion Quilting. She has been featured on Quilting Arts TV, TheQuiltShow.com and several magazines. Learn more about her and sign up for her newsletter. Web: [www.melbeachquilts.com](http://www.melbeachquilts.com) Facebook: Mel Beach Quilts

Meeting was adjourned by 9:00 p.m.

Respectfully submitted by Lorna Bisson



## Member Spotlight

Hello, I'm Lorna Bisson. I am a native San Diegan and grew up in Lakeside. After high school I did a year at Grossmont College then joined the Army so I could get the GI Bill to pay for college. After 3 years I got out of the service, and stayed in San Antonio, Texas where I was married and had a couple kids while starting back to school. My husband's job took us to North Carolina. There I finally finished my undergraduate degree (11 years after finishing high school!), then medical school and then a residency in Family Medicine. Part way through my residency I joined the Air Force. I owed them three years but stayed for 23. I was lucky to be stationed in Italy, Azores, and England along with 4 bases in the US. I retired from the military in 2015 and came back home. After a year of retirement, I missed practicing medicine and now I am a primary care physician for the VA.



Growing up I learned to sew and do other crafts. After I signed up for the Army I had to wait a few months so I took some adult education classes, one of which was quilting. I showed that first quilt at last month's meeting. I took my new hobby with me. Here is a picture where I am arranging the blocks on the barracks floor before sewing them together.

This second picture shows the quilt on a quilting frame in my dorm room.

I was smitten with the quilting bug and have enjoyed this hobby passion ever since. Once back in this area I searched online for a quilt guild to join. Glad I found Sunshine!!



# For Sale



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97 35-  
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26 15<sup>ea</sup>  
14 15<sup>ea</sup>  
57 20<sup>ea</sup>  
44C 25<sup>ea</sup>  
37D 25<sup>ea</sup>

Cutwork \$1000

Red tutto embroidery module  
case \$500

Contact Bobbie Norby [Bobbie3@hotmail.com](mailto:Bobbie3@hotmail.com)



Happy Julie Dale won the Block of the Month for March!



Julie's cat helps her do hand quilting





## Sunshine Quilters of San Diego Board Meeting February 25, 2020

Attendance: Kathy Barnes, Kathy Manuel, Lorna Bisson, Connie Smith, Candi Ravenscraft

### - Budget Review

- Expenses will go down since we didn't have a speaker in February
- March's FMQ workshop will earn money
- Ideas suggested for budget changes were discussed
  - o Determine exact # of paper copies of the newsletter needed for new members, mailings
  - o Water bottles will be continued
  - o Suggested that for potlucks, those that bring drinks can bring flats of water bottles

### - Meet the Teacher conference is April 18 th in Carson.

- Connie will forward a questionnaire on types of speakers/topics/workshops wanted. This will be handed out at the next 2 meetings
- It was noted that our supply cabinet was unlocked, and supplies were used by other groups. This will be addressed with the management.
- Opportunity quilt – Kathy Manuel has selected the pattern and the fabrics. There is not enough time to make kits for guild members to work. The fabric was donated. Still need a quilter.
- No San Diego Quilt Show this year  to sell tickets for the opportunity quilt.
- Find out when/where other guild meetings are held and have members sign up to take the quilt and sell tickets.
- National Quilt Day would be an opportunity to plan some type of event to be held at the library, or mall or ... (ideas welcome). Since this year it is March 21, 2020, might be best to plan for 2021.
- Opportunity to sale raffle tickets.
- National Quilting Day celebrates quilts and those who make them annually on the third Saturday in March. The National Quilting Association started National Quilting Day in 1991.
- Retreat has 19 participants and 2 day-only people. Hoping for total of 25.
- Nominating committee – Need to establish ASAP to present nominees by the April/May meeting for a vote in June. Will need a Chair and members.
- Discussed possibilities and ideas for getting people involved- great way to get to know members
- Suggested forming Fund Raising Cmte (Change name from Auction Cmte). Have 3 members- Need to start lining up members to provide an autobiography for the newsletter. Include pictures.
- New Buddy system will be modified.

Respectfully Submitted,  
Lorna Bisson

## Retreat Update

Given the state of the world, it was decided to cancel the May retreat. When I first reached out to the retreat center, they were still open but had cancelled everything through the end of April. We still had a couple weeks at that point to figure out what was happening. They offered to move us to our normal weekend in May 2021 and apply the deposit to then, if we did decide to cancel. They have since closed and my "official" cancellation email has not yet been answered. The policy of Vina de Lestonnac is to not refund, however there was some discussion that the retreat center corporate office could reverse that policy in these extenuating circumstances. Next year is a long ways from now and some of you may not be able to attend. We will continue to keep you posted. Stay safe and healthy!

- Candi Ravenscraft



The next several pages of photos are sharing and challenge quilts from the February Meeting, which should have been in the March newsletter



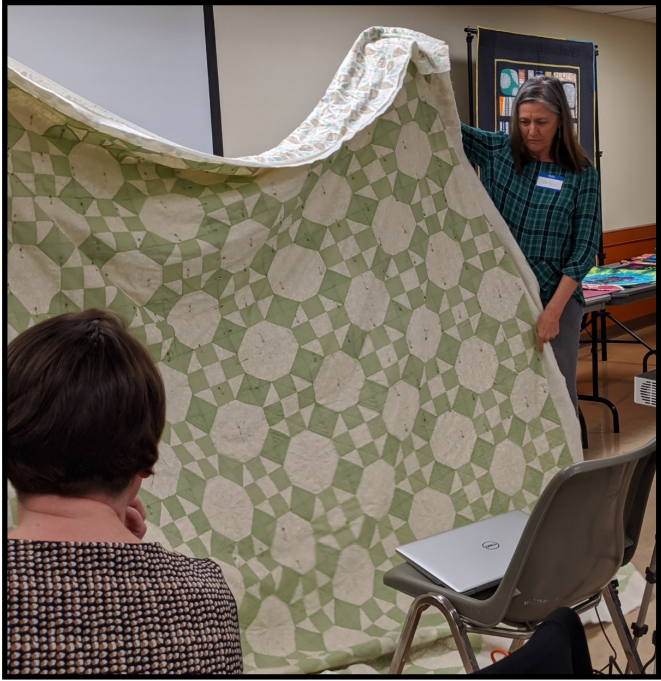








# March Sharing and Challenge Quilts





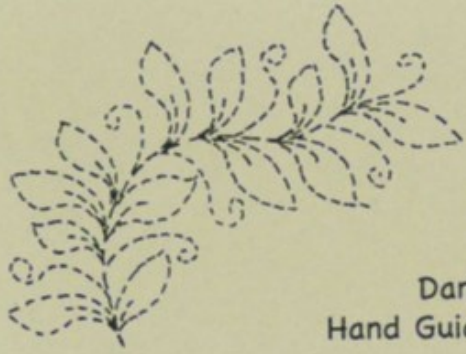






March speaker—Mel Beach inspired us with her free motion techniques





Karen Collin  
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Have you met  
the Brother  
Luminaire?

Sunshine Quilters of San Diego meets the second Tuesday of each month (Sept-June) at Renette Park at 935 South Emerald Ave., El Cajon  
New members are always encouraged, dues are \$50 per year, which includes \$20 worth of Opportunity Quilt tickets. Guests are welcome at \$5 a visit.  
Doors open at 6:30 pm, meetings begin at 7:00 pm.

For more information please visit our website at:  
[www.Sunshinequilters.com](http://www.Sunshinequilters.com)

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